



T.
Spiritual
World

Your destination for spiritual solutions

TSW Yoga Studio

TSW Yoga Studio is a place for you to energize your mind, body and spirit using Yoga and Meditation.

Yoga is the science of health and healing. It is unique, in that it not only exercises and strengthens all parts of the body, including the internal glands and organs, helping them to function more smoothly, but at the same time it encourages deep mental relaxation and improved circulation, through emphasis on special breathing techniques.

Our aim at the TSW Yoga studio is to inspire in you a commitment to healthy living and provide the tools and knowledge to turn this aspiration into a reality. This will help you to channelize your energy while coping with a fast paced and demanding life.

Yoga sessions are conducted by experts under the supervision of our Director, Dr. Alam Ali, in a quiet and nurturing setting in the Yoga Studio at the TSW Center at Mahipalpur, New Delhi.



Dr. Alam Ali, is an M.Sc. and Ph.D in Patanjali Yoga and has been teaching Yoga and Meditation since the last 10 years.

TSW Software

TSW Software provides software solutions, IT consulting, software implementation and training services to various organizations and individuals. We provide complete and reliable business and technology solutions to the small and medium sized businesses for a realistic cost with excellent service levels.

We also run two portals namely StudentsCampus.com & Meerut.com which together receive more than 20 million hits per month.



T. Spiritual World has developed a unique **Wonder package** that includes the essential elements of Yoga together with asanas, pranayama, kayotsarg (deep relaxation technique) and meditation which is taught at the TSW Yoga Studio.

For further enquiries and enrolment, please contact Ms. Shweta at TSW Center, or email us at yoga@spiritualworld.com



studentscampus.com
where future begins...

TSW Spiritual Store



TSW Spiritual Store is the source for new age products for the mind, body and spirit. Our products have been carefully selected to give you a spiritual uplift, improve the quality of life and create inner peace. We are dedicated to providing everything you need for a healthy, happy and positive life.

Spiritual music CDs, books, ayurvedic and herbal products, acupressure tools, incense & candles, fragrances, horoscopes, yantras, puja & havan kityou'll find it all here, and we're adding more products all the time. We are committed to providing you with high quality products at fair prices and providing excellent customer service.

So, walk into our TSW Spiritual Store and experience an inspiring atmosphere of merchandise to support the spirit, relax the body, and ease the mind.

For business enquiries please email us at superstore@tspiritualworld.com

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TSW Spiritual Clinic



TSW Spiritual Clinic helps you overcome physical, emotional or spiritual problems using complementary & alternative medicine disciplines like Homeopathy, Acupressure, Ayurveda & Acupuncture and other disciplines like Astrology, Vaastu Shastra, Feng Shui, & Numerology.

Experienced consultants will discuss with you, your problems, in a confidential setting, and then recommend appropriate solutions and remedies. We, at TSW Spiritual Clinic, combine the wisdom of various disciplines to provide a complete, all natural response to your problems.

So, come in with your questions, problems or difficulties and walk away with a spiritual solution which is both holistic and permanent.

About Us

T. Spiritual World Ltd. is a 19 year old profit making company operating in the area of Information Technology and Spiritual Products and Services.

Key Highlights

- Indian listed Company working in the spiritual area (Listed on Bombay Stock Exchange)
- Having market capitalization of more than Rs. 20 crores
- Last year turnover is Rs. 52.53 crores
- Aims to provide spiritual solace via alternative medicine and therapies in a professional and organized manner
- TSW Centre at Mahipalpur (New Delhi) is the location of the TSW Yoga Studio, TSW Spiritual Store & TSW Spiritual Clinic
- TSW Software Centre is situated in Meerut (Uttar Pradesh)

TSW Centre Road Map



T. Spiritual World Ltd.

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